

CAROL S. DWECK

Mindset

The New Psychology of Success

This book has a simple premise: The world is divided between people who are open to learning and those who are closed to it, and this trait affects everything from your worldview to your interpersonal relationships.

STEP 1

Have your team read the getAbstract summary.

STEP 2

Schedule a team meeting to discuss the questions below.

STEP 3

Have a discussion with your team.

Discussion Questions

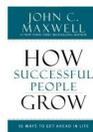
1. When was the last time you stepped out of your comfort zone and tried something new? (For example, start a new hobby or take a class in a subject unrelated to your area of expertise.)
2. What triggered you to do so at the time? What has your experience been like?
3. Is there anything you would love to try but that seems unreasonable? What would it take for you to take the plunge anyway?
4. How can you support your team/a team member in developing and maintaining a flexible mindset?

The view that you adopt for yourself profoundly affects the way you lead your life.

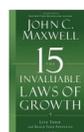
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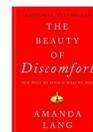
Additional resources



How Successful People Grow



The 15 Invaluable Laws of Growth



The Beauty of Discomfort



getAbstract, Inc. 20900 NE 30th Ave., Suite 315, Aventura, FL 33180, USA +1 305 936 2626

getAbstract AG Alpenquai 12, 6005 Lucerne, Switzerland +41 41 367 5151

corporate@getabstract.com | www.getabstract.com